

 **ProLifeStyle**TM
Series



TAKE BACK YOUR
BALANCE

BWFWANCE



PROLIFESTYLE SERIES DEFINED

NPL ProLifestyle Series is designed for individuals that require a nutritional support system to amplify the results of an anactive lifestyle or simply achieve a healthy and toned physique through a healthy lifestyle.



DIET PRO

MEAL REPLACEMENT SHAKE

25 g

HIGH QUALITY
PROTEIN

12 g

GLYCAEMIC
CARBOHYDRATE

LOW

SATURATED FAT

SOURCE OF VITAMINS AND
MINERALS

FEATURES & BENEFITS

- + SOURCE OF 5 HIGH PROTEIN.
- + TOLERASE™ AND DIGESTIVE ENZYMES.
- + ESSENTIAL VITAMINS AND MINERALS.
- + L-CARNITINE, GARCINIA CAMBOGIA, AND GREEN TEA EXTRACT.
- + WITH ADDED COLLAGEN

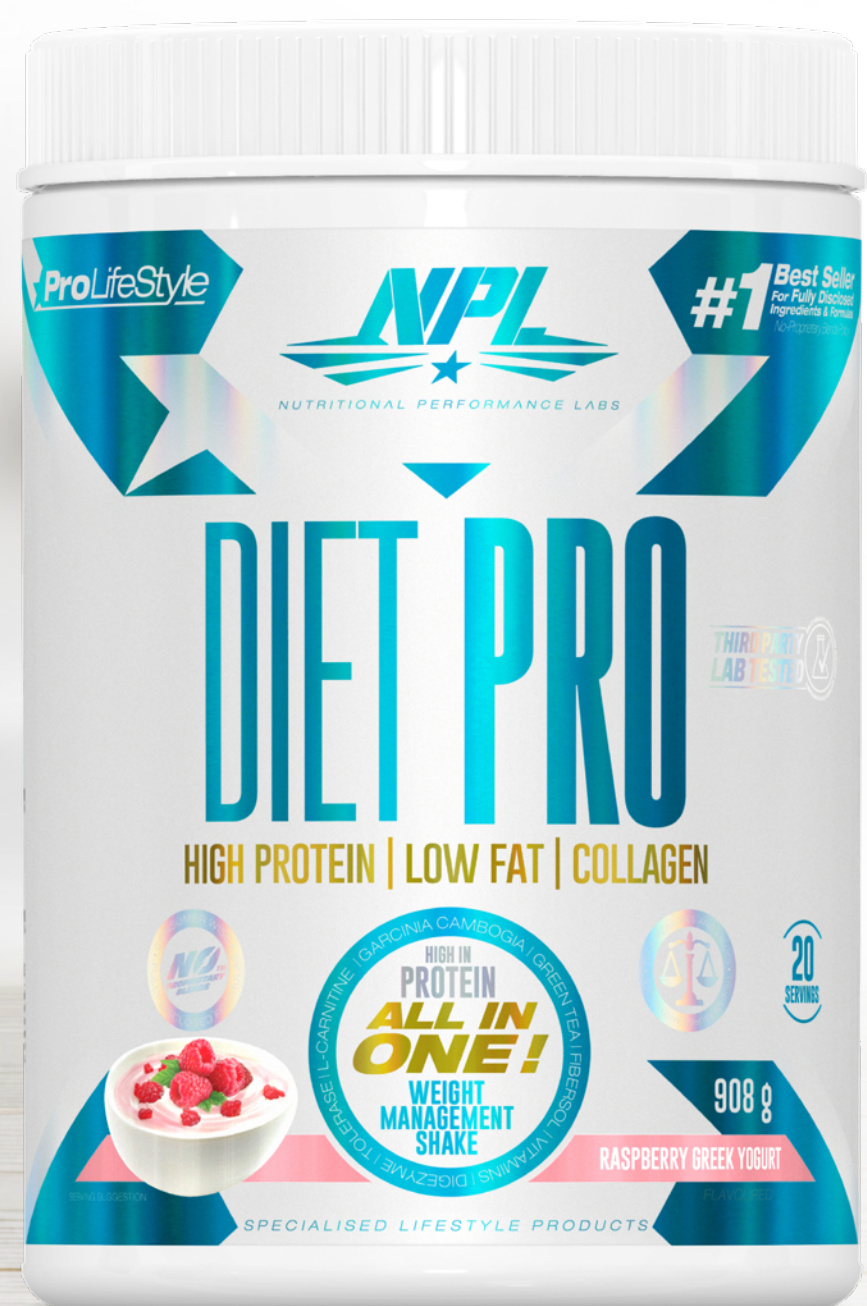
FLAVOURS

- + VANILLA DOUGHNUT
- + COFFEE MOCHA
- + RASPBERRY GREEK YOGHURT
- + CHOCNUT SUNDAE

SIZE

908 g

1.8 Kg



TYPICAL NUTRITIONAL INFORMATION

	PER 100 g	PER 45 g SERVING	% NRV PER 45 g
SERVING SIZE : 2 Slightly Rounded Scoops			
Energy	1586 kJ	714 kJ	-
Protein	56.2 g	25.3 g	45 %
Glycaemic Carbohydrate	30 g	14 g	-
Of which: Total sugar	4.7 g	2.1 g	-
Total Fat	2.9 g	1.3 g	-
Of which: Saturated fat	0.8 g	0.4 g	-
Dietary Fibre **	1.0 g	0.4 g	-
Total Sodium	835 mg	376 mg	-

VITAMIN PROFILE	PER 45 g	%NRV	VITAMIN PROFILE	PER 45 g	%NRV
Retinyl Acetate (Vitamin A)	449.9 mcg	50%	Folic Acid	200.2 mcg	50%
Thiamine HCl (Vitamin B1)	0.6 mg	50%	Cyanocobalamin (Vitamin B12)	1.2 mcg	50%
Riboflavin (Vitamin B2)	0.7 mg	50%	Biotin	15.0 mcg	50%
Nicotinic Acid (Vitamin B3)	8.0 mg	50%	L-Ascorbic Acid (Vitamin C)	50.0 mg	50%
Pantothenic Acid (Vitamin B5)	2.5 mg	50%	Cholecalciferol (Vitamin D)	7.5 mcg	50%
Pyridoxine HCl (Vitamin B6)	0.9 mg	50%	dl-Alpha-Tocopherol (Vitamin E)	7.5 mgTE	50%
Calcium	21.5 mg	9.7 mg	1%		
Magnesium	30.2 mg	13.6 mg	3%		
Phosphorous	338.3 mg	152.2 mg	12%		
Potassium	61.8 mg	27.8 mg	-		
Collagen			1500 mg		
Malabar Tamarind (Garcinia Cambogia [Fruit Rind Extract] standardized to 50% Hydroxycitric Acid)			200 mg		
L-Carnitine Tartrate			100 mg		
Camellia Sinensis (Green Tea [Leaf Extract] standardized to 45% Epigallocatechin Gallate)			50 mg		

*% NRV - Nutrient Reference Values for individuals older than 4 years. - Not established ** AOAC 985.29 (method of analysis)

INGREDIENTS: PROTEIN BLEND (SOY PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, PEA PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE), MALTODEXTRIN, L-GLYCINE, BUTTERMILK POWDER, HYDROLYZED BOVINE COLLAGEN, FLAVOURING, FIBERSOL 2, SODIUM CHLORIDE (SALT), GARCINIA CAMBOGIA EXTRACT (60% HCA), MCT OIL, VITAMIN PREMIX, STABILIZERS, L- CARNITINE TARTRATE, NON-NUTRITIVE SWEETENER (SUCRALOSE), GREEN TEA EXTRACT 40%, DIGEZYME®, TOLERASE®.

ALLERGENS: DAIRY, SOY, MADE IN A FACTORY THAT ALSO USES EGG, GLUTEN (WHEAT, BARLEY AND OATS), TREE NUTS, PEANUTS AND SHELLFISH.

AMINO ACID PROFILE	PER 45 g SERVING
Leucine	1.6 g
Lysine	1.3 g
Methionine	0.2 g
Phenylalanine	1.0 g
Proline	1.2 g
Serine	1.1 g
Threonine	0.8 g
Tryptophan	0.3 g
Tyrosine	1.0 g
Taurine	0.0 g
Valine	1.0 g
TOTAL: APPROX. PER SERVING:	24.8 g

WHEY SLIM

HIGH PROTEIN SHAKE WITH ADDED COLLAGEN

23 g

PROTEIN PER SERVING

3 g

CARBOHYDRATE

1 500 mg

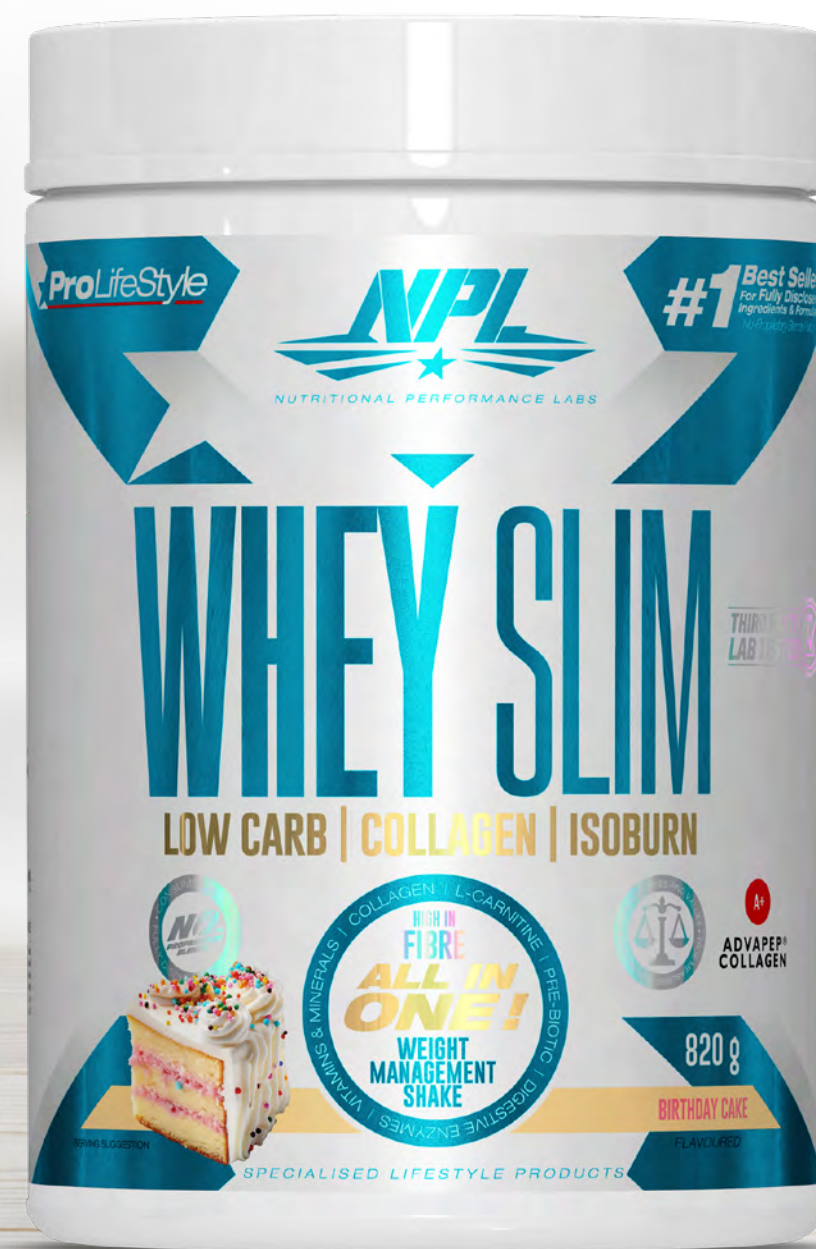
COLLAGEN

250 mg

L-CARNITINE

FEATURES & BENEFITS

- + WEIGHT MANAGEMENT / MAINTENANCE.
- + PRE-AND PROBIOTICS FOR A HEALTHY GUT.
- + LIPOTROPIC INGREDIENTS TO SUPPORT WEIGHT LOSS.
- + DIGESTIVE ENZYMES TO IMPROVE DIGESTION AND NUTRIENT ABSORPTION.
- + COLLAGEN FOR HEALTHY SKIN, HAIR, AND NAILS.



FLAVOURS

- + BIRTHDAY CAKE
- + VANILLA ICE CREAM
- + CHOC MALT

SIZE

820 g

TYPICAL NUTRITIONAL INFORMATION

	PER 100 g	PER 34 g SERVING	*% NRV
SERVING SIZE : 1 Rounded Scoop			
Energy	1549 kJ	527 kJ	-
Protein	67.2 g	22.9 g	41%
Glycaemic Carbohydrate	9 g	3 g	-
Of which:Total sugar	7.2 g	2.4 g	-
Total Fat	5.4 g	1.8 g	-
Of which:Saturated fat	3.8 g	1.3 g	-
Dietary Fibre **	6.0 g	2.0 g	-
Total Sodium	452 mg	154 mg	-
VITAMIN PROFILE	PER 34 g *%NRV	VITAMIN PROFILE	PER 34 g *%NRV
Retinyl Acetate (Vitamin A)	135.0 mcg 15%	Folic Acid	60.0 mcg 15%
Thiamine HCl (Vitamin B1)	0.2 mg 15%	Cyanocobalamin (Vitamin B12)	0.4 mcg 15%
Riboflavin (Vitamin B2)	0.2 mg 15%	Biotin	4.5 mcg 15%
Nicotinic Acid (Vitamin B3)	2.4 mg 15%	L-Ascorbic Acid (Vitamin C)	15.0 mg 15%
Pantothenic Acid (Vitamin B5)	0.8 mg 15%	Cholecalciferol (Vitamin D)	2.3 mcg 15%
Pyridoxine HCl (Vitamin B6)	0.3 mg 15%	dl-Alpha-Tocopherol (Vitamin E)	2.3 mgTE 15%
Calcium	355.4 mg	120.8 mg	9%
Magnesium	55.6 mg	18.9 mg	5%
Phosphorous	272.6 mg	92.7 mg	7%
Potassium	423.6 mg	144.0 mg	-
Collagen	4411.8 mg	1500.0 mg	-
L-Carnitine	588.0 mg	200.0 mg	-

*% NRV - Nutrient Reference Values for individuals older than 4 years. - Not established ** AOAC 985.29 (method of analysis)

INGREDIENTS: WHEY PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, WHEY PROTEIN ISOLATE, WHEY PROTEIN HYDROLYSATE), INULIN, HYDROLYSED BOVINE COLLAGEN (TYPE 1 & 3), FLAVOURING, RAINBOW VERMICELLI (SUCROSE, HYDROGENATED PALM KERNEL VEGETABLE FAT, GLUCOSE SYRUP SOLIDS, WATER, SOY LECITHIN, COLOURANTS, FLAVOURING, STABILIZER, PRESERVATIVE: POTASSIUM SORBATE), STABILIZERS, SODIUM CHLORIDE (SALT), L-CARNITINE BASE, NON-NUTRITIVE SWEETENER (SUCRALOSE), VITAMIN PREMIX, DIGEZYME.

ALLERGENS: COW'S MILK, SOY (RAINBOW VERMICELLI). MADE IN A FACTORY THAT ALSO USES EGG, GLUTEN (WHEAT, BARLEY AND OATS), TREE NUTS, PEANUTS AND SHELLFISH.

AMINO ACID PROFILE

	PER 34 g SERVING		
Of Which EAA = 10.3 g		Leucine	2.3 g
Of Which BCAA = 4.8 g		Lysine	2.0 g
		Methionine	0.5 g
		Phenylalanine	0.7 g
		Proline	1.5 g
		Serine	1.1 g
		Threonine	1.5 g
		Tryptophan	0.4 g
		Tyrosine	0.7 g
		Taurine	0.0 g
		Valine	1.2 g
		TOTAL: APPROX.PER SERVING:	23.0 g

AMINO BURN

FAT METABOLISING PRE-WORKOUT

150 mg

CAFFEINE

2 500 mg

BCAA

150 mg

GREEN TEA EXTRACT

150 mg

ALPHA GPC

FEATURES & BENEFITS

- + BRANCHED CHAIN AMINO ACIDS FOR ENHANCED RECOVERY.
- + THERMOGENIC AND LIPOTROPIC FAT METABOLISM BLEND.
- + ZERO CARB / ZERO SUGAR.
- + SUPPORTS WEIGHT LOSS EFFORTS.
- + PROMOTES ENERGY AND MENTAL FOCUS.

FLAVOURS

- + SUMMER BERRIES
- + STRAWBERRY KIWI
- + FRUIT BLISS

SIZE

200 g



NOW IN SINGLE
SERVING SACHETS

TYPICAL NUTRITIONAL INFORMATION

SERVING SIZE:
1 or 2 rounded scoops (5 g / 10 g)

	PER 100 g	PER 5 g SERVING	PER 10 g SERVING	% NRV* PER 10 g SERVING
Energy	907 kJ	45 kJ	91 kJ	-
Protein	0.0 g	0.0 g	0.0 g	0 %
Glycaemic Carbohydrate	15 g	1 g	2 g	-
Of which: Total Sugar	5.1 g	0.2 g	0.5 g	-
Total Fat	0.0 g	0.0 g	0.0 g	-
Of which: Saturated Fat	0.0 g	0.0 g	0.0 g	-
Dietary Fibre**	0.1 g	0.0 g	0.0 g	-
Total Sodium	1016 mg	51 mg	102 mg	-

THERMOGENIC & LIPOTROPIC BLEND

Caffeine Anhydrous	75 mg	150 mg	-
Green Tea Extract 95%	75 mg	150 mg	-
L-Carnitine Tartrate	250 mg	500 mg	-
Vitamin C	50 mg	100 mg	100 %
Chromium Picolinate	16 mcg	31 mcg	89 %

ANTIOXIDANT & MENTAL FOCUS BLEND

Choline Bitartrate	82 mg	164 mg	30 %
Inositol	200 mg	400 mg	-
L-Tyrosine	150 mg	300 mg	-
L-Theanine	25 mg	50 mg	-
Alpha GPC 50%	75 mg	150 mg	-
Pterostilbene	5 mg	10 mg	-
Grape Seed Extract 95%	25 mg	50 mg	-

AMINO ACID RECOVERY BLEND

L-Leucine	625.0 mg	1 250 mg	-
L-Valine	312.5 mg	625 mg	-
L-Isoleucine	312.5 mg	625 mg	-
Beta-Alanine	500.0 mg	1 000 mg	-
Taurine	500.0 mg	1 000 mg	-

* % Nutrient Reference Values (NRV's) for individuals 4 years and older (2010)

** AOAC 985.29 (Method of analysis) - Not established

OTHER INGREDIENTS: ANTI-CAKING AGENT, FLAVOURING, MALTODEXTRIN, FRUTARIC ACID, HIMALAYAN SALT, SUCRALOSE (NON-NUTRITIVE SWEETENER), COLOURANT.

L-CARNITINE

WEIGHT MANAGEMENT LIQUID

2 500 mg

L-CARNITINE PER SERVING

ZERO

SUGAR

HIGH

VITAMIN- B5

FEATURES & BENEFITS

- + WEIGHT-LOSS AID - SUPPORTS FAT METABOLISM.
- + NATURAL ENERGY PRODUCTION.
- + MAY SUPPORT ATHLETIC PERFORMANCE, ENDURANCE, AND RECOVERY.
- + CALORIE FREE.

FLAVOURS

- + WILD CHERRY
- + TROPICAL PUNCH
- + CRIMSON BERRY

SIZE



RECOMMENDED USE: SHAKE WELL BEFORE USE.

Take 1 serving (15 ml) (Tablespoon) first thing in the morning.
TIP: Add a serving to sparkling water for a delicious anytime drink.

COMPOSITION

	PER 100 ml	PER 15 ml DOSAGE	% NRV* PER 15 ml DOSAGE
DOSAGE: 15 ml (1 TABLESPOON)			
L-Carnitine (as Tartrate)	16667 mg	2500 mg	-
Vitamin B5 (as Pantothenic Acid)	67 mg	10 mg	200%
L-Glycine (Amino Ethanoic Acid)	67 mg	10 mg	-

*% NRV - Nutrient Reference Values for individuals older than 4 years.-Not established

INGREDIENTS: PREPARED WATER (RO), FLAVOURING, NON-NUTRITIVE SWEETENER BLEND (STEVIA GLYCOSIDES, SUCRALOSE), PRESERVATIVES (POTASSIUM SORBATE, SODIUM BENZOATE), CITRIC ACID, STABILISER, COLOURANT.

ALLERGENS: None. This product is manufactured in a facility that uses raw materials containing Soy, Cow's Milk, Gluten, Fish, Nuts and Shellfish. Sugar Free.

CARNI LEAN

L-CARNITINE LIQUID WITH COLLAGEN

3 000 mg

L-CARNITINE PER SERVING

1 200 mg

GRASS-FED HYDROLYSED COLLAGEN

800 mg

GRAPEFRUIT EXTRACT



FEATURES & BENEFITS

- + SUPPORTS SKIN, HAIR, AND NAIL HEALTH.
- + LIPOTROPIC WEIGHT-LOSS AID.
- + ZERO SUGAR / ZERO CARB.
- + NATURAL ANTIOXIDANTS FROM GRAPEFRUIT.
- + HIGH IN VITAMIN C.

FLAVOURS

- + GREEN APPLE
- + TROPICAL

SIZE



COMPOSITION

	PER 20 ml DOSAGE	% NRV* PER DOSE
DOSAGE: 20 ml (1-1½ TABLESPOONS)		
Vitamin C (Ascorbic acid)	100.0 mg	100%
L-Carnitine Tartrate	3000 mg	-
Wellnex™ Hydrolysed Collagen	1200 mg	-
Citrus paradisi (Grapefruit) Seed, 32 mg of a 25:1 extract	800 mg	-

*% NRV - Nutrient Reference Values for individuals older than 4 years. -Not established

OTHER INGREDIENTS: PREPARED WATER (RO), FLAVOURING, CITRIC ACID, NON-NUTRITIVE SWEETENER BLEND (STEVIOL GLYCOSIDES, SUCRALOSE), MAGNESIUM SULPHATE, STABILISER, PRESERVATIVE (SODIUM BENZOATE), SODIUM BICARBONATE.

ALLERGENS: NONE. THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT USES RAW MATERIALS CONTAINING SOY, COW'S MILK, GLUTEN, FISH, PEANUTS, TREE NUTS, AND SHELLFISH. SUGAR FREE.

WARNING: If you suffer from any medical condition or are taking medication, consult your healthcare practitioner before using this product. Discontinue the use of this product where there is sensitivity towards any of the ingredients. Not recommended for individuals who are pregnant, breastfeeding or under the age of 18 years. Do not exceed the recommended daily dose. For best results, use in conjunction with an energy-controlled diet and regular physical activity.

THERMO CUTS GOLD

THERMOGENIC WEIGHT MANAGEMENT SYSTEM

260 mg

CAFFEINE

450 mg

SINETROL® XPUR

500 mg

CARALLUMA
FIMBRIATA EXTRACT

250 mg

DANDELION ROOT

100 mg

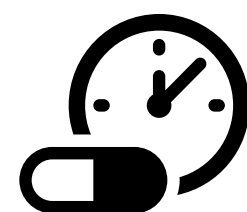
GRAINS OF PARADISE

FEATURES & BENEFITS

- + **SINETROL® XPUR: BLEND OF CITRUS POLYPHENOLS WHICH ENHANCE LIPOLYSIS.**
- + **CARALLUMA FIMBRIATA OFFERS AN APPETITE SUPPRESSANT EFFECT.**
- + **SUPPORTS STABLE BLOOD SUGAR TO REDUCE CRAVINGS.**
- + **THERMOGENIC AND LIPOTROPIC FAT METABOLISING EFFECT.**
- + **NATURAL DIURETIC.**

SERVING

X2-3
BEFORE BREAKFAST



SIZE

120 Caps



COMPOSITION

DOSAGE: 3 CAPSULES DOSES PER CONTAINER: 40	PER DOSE	% NRV*
Chromium Picolinate (providing elemental Chromium)	9 µg	26%
L-Theanine	45 mg	-
L-Tyrosine	200 mg	-
Caralluma fimbriata (Cactus) Aerial parts, 50 mg of a 10:1 extract	500 mg	-
Sinetrol® XPUR (Blend of Citrus Paradisi, Citrus Sinensis and Paullinia Cupana Extracts)	450 mg	-
Total Caffeine	260 mg	-
from Caffeine Anhydrous	250 mg	-
from Sinetrol® Xpur	10 mg	-
Taraxicum mongolicum (Dandelion) root powder	250 mg	-
Camellia sinensis (Green Tea) Leaf extract standardized to 45% ECGC	150 mg	-
Aframomum melegueta (Grains of Paradise) Seed, 10 mg of a 10:1 extract	100 mg	-
Pterostilbene	10 mg	-
Piper nigrum (Black Pepper) Fruit, 0.75 mg of a 4:1 extract	3 mg	-

*% NRV - Nutrient Reference Values for individuals older than 4 years. - Not established

OTHER INGREDIENTS: GELATINE (CAPSULE), ANTI-CAKING AGENT, MALTODEXTRIN, SUGAR FREE.

NIGHT-TIME BURN

SLEEP SUPPORT & WEIGHT LOSS AID

300 mg

ASHWAGANDHA

300 mg

PASSIFLORA INCARNATA

220 mg

L-TRYPTOPHAN

200 mg

VALERIAN ROOT

FEATURES & BENEFITS

- + NATURAL SEDATIVE AND SLEEP AID – SUPPORTS MELATONIN PRODUCTION.
- + STRESS RELIEF – ADAPTOGEN STRESS SUPPORT
- + STIMULANT FREE WEIGHT LOSS AID.



SERVING

X3 
BEFORE BEDTIME

SIZE

90 Caps

COMPOSITION

DOSAGE: 3 CAPSULES
DOSES PER CONTAINER: 30

PER DOSE *%NRV

	PER DOSE	*%NRV
<i>Withania somnifera</i> (Ashwagandha) root extract; 20 mg of a 15:1 extract	300 mg	-
<i>Passiflora incarnata</i> (Passionflower) leaf powder	300 mg	-
L- Tryptophan	220 mg	-
<i>Valeriana officinalis</i> (Valerian) root powder	200 mg	-
L-Theanine	100 mg	-

*% Nutrient Reference Values (NRV's) for individuals 4 years and older (2010) - Not established

OTHER INGREDIENTS: GELATINE, MAGNESIUM STEARATE, GLIDANT. SUGAR FREE.

ALLERGENS: NONE. MADE IN A FACILITY THAT PROCESSES SOY, COW'S MILK, EGG, GLUTEN (WHEAT, BARLEY AND OATS), TREE NUTS, PEANUT, FISH AND SHELLFISH.

SHAPE & TONE

STIMULANT FREE WEIGHT MANAGEMENT

600 mg

ASHWAGANDHA

400 mg

GRAINS OF PARADISE

250 mg

L-CARNITINE

250 mg

DANDELION

FEATURES & BENEFITS

- + 24-HOUR WEIGHT MANAGEMENT – STIMULANT FREE.
- + NATURAL ENERGY.
- + INCREASE FOCUS, ALERTNESS, AND ATTENTION – REDUCE MENTAL FATIGUE.
- + NATURAL DIURETIC.
- + ADAPTOGEN STRESS SUPPORT.
- + HELP REGULATE APPETITE.

SERVING

X4 
BEFORE BREAKFAST

SIZE

120 Caps



AL NUTRITIONAL INFORM

4 CAPSULES PER DOSE

ABOLISING MATRIX		1855 n
itartrate		300 n
Elemental Choline		120 n
		500 n
adisi (Grapefruit)		400 n
ng of a 25:1 Extract		
e L-Tartrate		250 n
um Melegueta (Grains of Paradise)		400 n
ng of a 10:1 Extract		
um (Black Pepper)		5 n
ng of a 4:1 Extract		
MOOD SUPPORT		1100 n
Somnifera (Ashwagandha)		600 n
ng of a 15:1 Extract		



WATER CUTS

NATURAL DIURETIC WITH ELECTROLYTE SUPPORT

2 895 mg

NATURAL DIURETIC COMPLEX

284 mg

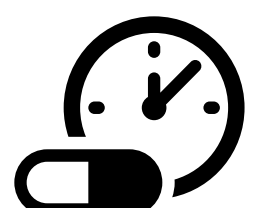
ELECTROLYTE SUPPORT

FEATURES & BENEFITS

- + NATURAL EXTRACTS (DANDELION ROOT, UVA URSI, HAWTHORN BERRY, HORSETAIL, BUCHU LEAF, CRANBERRY, GRAPEFRUIT, GINGER ROOT, GUARANA).
- + REDUCE BLOATING.
- + RAPID WATER LOSS.
- + ENHANCE MUSCLE DEFINITION.



SERVING

X3 
BEFORE BREAKFAST

SIZE

90 Caps

COMPOSITION

DOSE PER CONTAINER: 30	PER DOSE	*%NRV
HYDRO-DIURETIC COMPLEX	2895 mg	
<i>Vaccinium macrocarpon</i> (Cranberry) fruit, 300 mg of 4:1 ext.	1200 mg	-
<i>Taraxacum officinale</i> (Dandelion) root, 125 mg of 4:1 ext	500 mg	-
<i>Actostaphylos uva-ursi</i> (Bearberry) fruit, 50 mg of a 4:1 ext	200 mg	-
<i>Crataegus monogyna</i> (Hawthorn Berry) fruit, 50 mg of 4:1 ext	200 mg	-
<i>Equisetum arvense</i> (Horsetail) herb, 50 mg of 4:1 ext	200 mg	-
<i>Agathosma betulina</i> (Buchu) leaf, 50 mg of 4:1 ext	200 mg	-
<i>Citrus paradisi</i> (Grapefruit) fruit, 80 mg of 4:1 ext	320 mg	-
<i>Zingiber officinale</i> (Ginger) root powder	50 mg	-
<i>Paullinia cupana</i> (Guarana) seed powder providing 5.5 mg caffeine	25 mg	-
ELECTROLYTE SUPPORT	284 mg	
Potassium Citrate (providing 38.4 mg elemental Potassium)	100.0 mg	-
Magnesium Citrate (providing 16 mg elemental Magnesium)	100.0 mg	4%
Calcium Carbonate (providing 47.5 mg elemental Calcium)	50.0 mg	-
Vitamin B6 (Pyridoxine HCl)	34.1 mg	2006%

*% NRV - Nutrient Reference Values for individuals older than 4 years. - Not established

OTHER INGREDIENTS: GELATINE (CAPSULE), MAGNESIUM STEARATE.

ALLERGENS: NONE. THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT USES RAW MATERIALS CONTAINING SOY, COW'S MILK, GLUTEN (OATS, WHEAT AND BARLEY), EGG, TREE NUTS, PEANUTS, FISH AND SHELLFISH. ALLERGEN CONTROL PROGRAM IN PLACE. SUGAR FREE.

CLA ULTRA 1000

BODY TONER WITH METABOLIC AID

2 000 mg

PER 2 CAPSULE SERVING

45

SERVINGS

FEATURES & BENEFITS

- + WEIGHT CONTROL.
- + STIMULANT FREE.
- + METABOLIC SUPPORT.



SERVING

X1 
2-3 TIMES DAILY

SIZE

90 Caps

TYPICAL NUTRITIONAL INFORMATION

DOSAGE: 1 SOFTGEL CAPSULE	PER DOSE
DOSES PER CONTAINER: 45	
Conjugated Linoleic Acid Rich Safflower Oil	1000 mg
of which Conjugated Linoleic Acid (CLA)	800 mg

INGREDIENTS: CONJUGATED LINOLEIC ACID FROM SAFFLOWER OIL (80% CLA PROVIDING CIS-9, TRANS-11 AND TRANS-10, CIS-12 ISOMERS IN A 50:50 RATIO), GELATINE, GLYCERINE, PURIFIED WATER.

ALLERGENS: NONE. MADE IN A FACILITY THAT PROCESSES SOY, COW'S MILK, EGG, GLUTEN (WHEAT, BARLEY AND OATS), TREE NUTS, PEANUTS AND SHELLFISH. SUGAR FREE.

APPETITE CONTROL

APPETITE SUPPRESSANT

400 mg

CARALLUMA FIMBRIATA

200 mg

YERBA MATE 10:1 EXTRACT

500 mg

WILD MANGO SEED

300 mg

GARCINIA CAMBOGIA

FEATURES & BENEFITS

- + REDUCE CRAVINGS.
- + APPETITE SUPPRESSANT.
- + STABILISE BLOOD SUGAR LEVELS.



SERVING

X2-3 
BEFORE MEALS

SIZE

90 Caps

COMPOSITION

DOSAGE: 3 CAPSULES
DOSES PER CONTAINER: 30

PER DOSE *%NRV

APPETITE CONTROL COMPLEX

Caralluma fimbriata (Cactus) [leaf, as 40 mg of a 10:1 extract]	400 mg	-
Ilex paraguariensis (Yerba mate) [Leaf powder]	200 mg	-
Garcinia cambogia (Garcinia) [fruit extract standardised to provide 60% hydroxycitric acid]	300 mg	-
Irvingia gabonensis (Wild mango) [seed, as 50 mg of a 10:1 extract]	500 mg	-
Chromium picolinate [providing elemental Chromium 25 ug]	200 ug	71%
Piper nigrum (Black pepper) [fruit, as 0.5 mg of a 4:1 extract]	2 mg	-

*% Nutrient Reference Values (NRV's) for individuals 4 years and older (2010) - Not established

OTHER INGREDIENTS: GELATINE, MAGNESIUM STEARATE, GLIDANT.

ALLERGENS: NONE. MADE IN A FACILITY THAT PROCESSES SOY, COW'S MILK, EGG, GLUTEN (WHEAT, BARLEY AND OATS), TREE NUTS, PEANUTS AND SHELLFISH. SUGAR FREE.



DIGESTIVE ENZYME

WITH PRE & PROBIOTICS

240 mg

ENZYME BLEND

1 Billion CFU

PROBIOTIC BLEND

100 mg

BETAINE HCL

FEATURES & BENEFITS

- + FULL SPECTRUM DIGESTIVE ENZYMES.
- + PRE AND PROBIOTICS.
- + REDUCE BLOAT.
- + INCREASE NUTRIENT UPTAKE.
- + PROMOTE HEALTHY GUT AND AID DIGESTION.



SERVING



SIZE

120 Caps

COMPOSITION

DOSAGE: 2 CAPSULES	PER DOSE	*% NRV
GUT HEALTH COMPLEX	140 mg	
Betaine HCl	100 mg	-
Inulin Prebiotic Fibre	40 mg	-
DIGESTIVE ENZYME BLEND	240 mg	
Phytase	10 FTU	-
Alpha-Galactosidase	38 GalU	-
Lactase	80 ALU	-
Cellulase	145 CU	-
Papain	1700 TU	-
Bromelain	10 GDU	-
Lipase	50 FIP	-
Maltase	110 DP	-
Amylase	1600 SKB	-
Protease	7000 HUT	-
PROBIOTIC BLEND	1 Bil CFU	
Lactobacillus acidophilus	>500 mil CFU	-
Bifidobacterium longum	>167 mil CFU	-
Bifidobacterium bifidum	>167 mil CFU	-
Bifidobacterium lactis	>166 mil CFU	-

*% Nutrient Reference Values (NRV's) for individuals 4 years and older (2010) - Not established

OTHER INGREDIENTS: GELATINE, MAGNESIUM STEARATE, GLIDANT.

ALLERGENS: NONE. MANUFACTURED IN A FACILITY THAT PROCESSES SOY AND FISH. SUGAR FREE.

CLEANSE & DETOX

ALL-NATURAL DIGESTIVE CLEANSE



200 mg

ALOE BITTERS

200 mg

TURMERIC

200 mg

CHLORELLA

250 mg

FENNEL SEED POWDER

FEATURES & BENEFITS

- + ALL-NATURAL DIGESTIVE CLEANSE.
- + ELIMINATE TOXINS.
- + PROMOTE VITALITY.
- + WELLBEING AND GUT HEALTH.



SERVING

X1 
BEFORE MEAL - TWICE PER DAY

SIZE

60 Caps

TYPICAL NUTRITIONAL INFORMATION

SERVING SIZE: 2 CAPSULES	AMOUNT PER SERVING	%NRV*
Selenium Glycinate (Providing Elemental Selenium)	100 mcg	182%
Aloe Ferox (Aloe Leaf Juice Bitter Powder)	200 mg	-
Brassica Oleracea	50 mg	-
Capsicum Frutescens (Cayenne Fruit Powder)	10 mg	-
Chlorella Vulgaris (Chlorella Powder)	200 mg	-
Curcuma Longa (Turmeric Root Powder)	200 mg	-
Curucma Longa (Turmeric Root Extract Standardised To Provide Curcumin)	20 mg	-
Coriandrum Sativum (Coriander Seed Powder)	120 mg	-
Foeniculum Vulgare (Fennel Seed Powder)	250 mg	-
Petroselinum Crispum (Parsely Leaf Powder)	50 mg	-
Zingiber Officinale (Ginger Root Powder)	50 mg	-

OTHER INGREDIENTS: BOVINE GELATINE (CAPSULE), MAGNESIUM STEARATE.

*% Nutrient Reference Values (NRV's) for individuals 4 years and older (2010) - Not established

ALLERGENS: None. Sugar Free

APPLE CIDER VINEGAR

WEIGHT MANAGEMENT AID

325 mg

APPLE CIDER VINEGAR

200 mcg

CHROMIUM PICOLINATE

FEATURES & BENEFITS

- + WEIGHT MANAGEMENT AID.
- + HELPS TO MAINTAIN HEALTHY pH BALANCE
- + HELP REGULATE BLOOD SUGAR.
- + STIMULANT FREE.



TYPICAL NUTRITIONAL INFORMATION

SERVING SIZE: 1 CAPSULE	AMOUNT PER SERVING	%NRV*
Apple Cider Vinegar Powder	325 mg	-
Chromium Picolinate	200 mcg	571%

Other ingredients: Silicon Dioxide.

*% Nutrient Reference Values (NRV's) for individuals 4 years and older (2010) - Not established

ALLERGENS: None.

SERVING

X1 
TWICE A DAY BEFORE MEALS

SIZE

60 Caps

GREEN TEA

POTENT NATURAL ANTIOXIDANT

500 mg

GREEN TEA

225 mg

EGCG 45%

FEATURES & BENEFITS

- + METABOLIC SUPPORT - WEIGHT LOSS AID.
- + PROMOTE HEALTHY CHOLESTEROL.
- + NATURAL ANTIOXIDANT.
- + CONCENTRATED EXTRACT.



SERVING

X1 
DAILY BEFORE A MEAL

SIZE

60 Caps

TYPICAL NUTRITIONAL INFORMATION

SERVING SIZE: 1 CAPSULE	AMOUNT PER SERVING	%NRV*
Green Tea Extract 95%	500 mg	-
providing Polyphenols 95%	475 mg	-
providing EGCG 45%	225 mg	-

Other ingredients : Magnesium stearate.

*% Nutrient Reference Values (NRV's) for individuals 4 years and older (2010) - Not established

ALLERGENS: None.



VITA WOMEN

MULTIVITAMIN & MINERAL COMPLEX

200 mg

ASHWAGANDHA

FULL-SPECTRUM

MULTIVITAMIN &
MINERAL COMPLEX

53 mg

SOURCE OF ANTIOXIDANTS

100 mg

DIGESTIVE
ENZYME SUPPORT



FEATURES & BENEFITS

- + HELPS TO METABOLISE CARBOHYDRATES, FATS, AND PROTEINS.
- + CORTISOL CONTROL.
- + SUPPORT HEALTH AND WELLNESS.
- + PROMOTE HEALTHY HAIR, SKIN, AND NAILS.
- + FIGHT OXIDATIVE STRESS.

SERVING

X2 
AFTER BREAKFAST

SIZE

60 Caps

COMPOSITION

DOSAGE: 2 CAPSULES
DOSES PER CONTAINER: 30

PER *%NRV
DOSE

Vitamin & Mineral Support					
Vitamin A (as Acetate)	900 µg	100%	Chromium Picolinate	35 µg	40%
Vitamin B1 (as Thiamine HCl)	2,4 mg	200%	of which elemental Chromium	14 µg	
Vitamin B2 (as Riboflavin)	2,6 mg	200%	Copper AAC	1,5 mg	17%
Vitamin B3 (as Nicotinamide)	32 mg	200%	of which elemental Copper	0,15 mg	
Vitamin B6 (as Pyridoxine HCl)	3,4 mg	200%	Iodine	150 µg	100%
Folic Acid	400 µg	100%	Iron Fumerate	20 mg	22%
Vitamin B12	4,8 µg	200%	of which elemental Iron	4 mg	
D-Biotin	90 µg	400%	Magnesium Oxide	126 mg	30%
Pantothenic Acid	10 mg	200%	Manganese AAC	2,3 mg	10%
Vitamin C (as Ascorbic Acid)	250 mg	250%	of which elemental Manganese	0,23 mg	
Vitamin D3	15 µg	100%	Molybdenum AAC	400 µg	18%
Vitamin E Acetate	30 mg		of which elemental Molybdenum	8 µg	
of which Vitamin E	15 mg	100%	Selenium Chelate	400 µg	15%
Vitamin K2 (as MenaQ7™)	120 µg	100%	of which elemental Selenium	8 µg	
Calcium Carbonate	250 mg	18%	Zinc Oxide	11 mg	100%
of which elemental Calcium	231,25 mg		Choline Bitartrate	400 mg	29%
			of which elemental Choline	160 mg	
			Potassium Chloride	62,5 mg	-

Antioxidant Complex

<i>Vitis vinifera L.</i> (Grape Seed) [Seed extract standardised to 95% Proanthocyanidins]	50 mg	-
<i>Tagetes erecta L.</i> (Marigold) [flower, extract standardised to 5% Lutein]	3 mg	-

Adaptogenic Support

<i>Withania somnifera L.</i> (Ashwagandha) [Root, 13.3 mg of a 15:1 extract]	200 mg	-
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Digestive Enzymes

<i>Ananas Comosus F.</i> (Bromelain) fruit powder	50 mg	-
<i>Carica Papaya L.</i> (Papaya) leaf powder	50 mg	-

*% NRV - Nutrient Reference Values for individuals older than 4 years. - Not established

OTHER INGREDIENTS: ANTI-CAKING AGENT, VEGETARIAN CAPSULES.

ALLERGENS: NONE. THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT USES RAW MATERIALS CONTAINING SOY, COW'S MILK, GLUTEN (OATS, WHEAT AND BARLEY), EGG, TREE NUTS, PEANUTS, FISH AND SHELLFISH. ALLERGEN CONTROL PROGRAM IN PLACE. SUGAR FREE.

ZERO BLOAT

DIGESTIVE MAINTENANCE

200 mg

SLIPPERY ELM

200 mg

FENNEL SEE

180 mg

PEPPERMINT
LEAF EXTRACT

100 mg

DIGESTIVE
ENZYME BLEND

10 mg

ZINC-L-CARNOSINE

FEATURES & BENEFITS

- + RAPID RELIEF FROM BLOATING / SYMPTOMS OF IBS
- + AID DIGESTION AND ABSORPTION OF NUTRIENTS



SERVING

X2 
AFTER A MEAL

SIZE

60 Caps

COMPOSITION

DOSAGE: 2 CAPSULES
DOSES PER CONTAINER: 30

	PER DOSE	%NRV
<i>Ulmus rubra</i> (Slippery Elm) bark powder	200 mg	-
<i>Foeniculum vulgare</i> (Fennel) seed powder	200 mg	-
<i>Zingiber officinale</i> (Ginger) root, 50 mg of a 4:1 extract	200 mg	-
<i>Mentha x piperita</i> (Peppermint) leaf powder	180 mg	-

DIGESTIVE ENZYME BLEND	100 mg	-
Bromelain	4	GDU
Cellulase	60	CU
Maltase	46	DP
Amylase	667	SKB
Protease	2917	HUT
Lactase	33	ALU
Lipase	21	FIP
Papain	708	TU
Phytase	4	FTU
Alpha-Galactosidase	16	GalU

<i>Glycyrrhiza glabra</i> (Liquorice) root, 20 mg of a 4:1 extract	80 mg	-
Zinc-L-Carnosine	60 mg	-
of which elemental Zinc (as Zinc Oxide)	10 mg	91%
Inulin	50 mg	-
<i>Asphodelaceae</i> (Aloe ferox) leaf powder standardised to 8-14% hydroxyanthracene derivatives	20 mg	-

*% NRV - Nutrient Reference Values for individuals older than 4 years. - Not established

OTHER INGREDIENTS: VEGETARIAN CAPSULE, MAGNESIUM STEARATE.

ALLERGENS: NONE. THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT USES RAW MATERIALS CONTAINING SOY, COW'S MILK, GLUTEN (OATS, WHEAT AND BARLEY), EGG, TREE NUTS, PEANUTS, FISH AND SHELLFISH. ALLERGEN CONTROL PROGRAM IN PLACE. SUGAR FREE.

KETO CUTS

KETOGENIC FAT METABOLISER

500 mg

CALCIUM

500 mg

MAGNESIUM

500 mg

SODIUM

500 mg

MCT POWDER

FEATURES & BENEFITS

- + FAT REDUCTION
- + MENTAL FOCUS
- + EXOGENOUS KETONES



SERVING

X2 
AFTER A MEAL

SIZE

60 Caps

COMPOSITION

DOSAGE: 3 CAPSULES
DOSES PER CONTAINER: 30

	PER DOSE	*%NRV
BHB Keto Fat Metaboliser	2150 mg	%NRV
Calcium Beta-Hydroxybutyrate (providing 82.5 mg elemental Calcium)	550 mg	6%
Magnesium Beta-Hydroxybutyrate (providing 55 mg elemental Magnesium)	550 mg	13%
Sodium Beta-Hydroxybutyrate (providing 97 mg elemental Sodium)	550 mg	-
MCT (Medium Chain Triglycerides) Powder	500 mg	-

*% NRV - Nutrient Reference Values for individuals older than 4 years. - Not established

OTHER INGREDIENTS: ANTI-CAKING AGENT, VEGETARIAN CAPSULES.

ALLERGENS: NONE. THIS PRODUCT IS MANUFACTURED IN A FACILITY THAT USES RAW MATERIALS CONTAINING SOY, COW'S MILK, GLUTEN (OATS, WHEAT AND BARLEY), EGG, TREE NUTS, PEANUTS, FISH AND SHELLFISH. ALLERGEN CONTROL IN PLACE. SUGAR FREE.





BODY REV SLIM STACK

WEIGHT LOSS PACK

PRODUCTS INCLUDED

PRODUCTS

- + DIET PRO 908g
- + THERMO CUTS 120 caps
- + NIGHT TIME BURN 120 caps

GEAR & SAMPLES

(VALUE OF R250)

- + NPL SHAKER
- + DIET PRO BAR
- + WRIST BAND
- + DRAW STRING BAG

